February 15, 2017

STATEWIDE MEDICAL STANDING ORDER TO DISTRIBUTE, DISPENSE, AND ADMINISTER OPIOID/HEROIN OVERDOSE RESCUE KITS

ISSUANCE

Under the authority of AS 17.20.085 and the Declaration of Disaster Emergency signed by Governor Bill Walker on February 14, 2017, this standing order authorizes any approved Department of Health and Social Services Project HOPE Overdose Response Program (ORP) to maintain supplies of opioid overdose rescue kits for the purpose of distributing/administering to a person at risk of experiencing an opioid overdose or a family member, friend, caregiver, or other person in a position to administer the opioid overdose drug naloxone (i.e., Narcan® Nasal Spray) to a person at risk of experiencing an opioid overdose.

To become an approved Department of Health and Social Services Project HOPE Overdose Response Program (ORP) any entity must complete the following steps:

- Complete the ORP application form.
- Review and sign the Project HOPE ORP terms and conditions form.
- Submit the ORP application and terms and conditions to ProjectHOPE@alaska.gov
- Receive ORP training the trainer delivered by a Project HOPE Coordinator

All Department of Health and Social Services Project HOPE Overdose Response Program (ORP) forms are located at http://dhss.alaska.gov/dph/Director/Pages/heroin-opioids/HOPEforms.aspx

TREATMENT

The following drug regimens are approved to reverse an opioid overdose:

- FDA-approved Adapt Pharma Narcan® Nasal Spray
  - Narcan® Nasal Spray (nasal spray device): 4 mg/0.1 mL • 1 x two-pack

ORDER TO DISPENSE

Upon satisfactory assessment that the person to receive opioid overdose rescue kits is a person at risk of experiencing an opioid overdose or a family member, friend, caregiver, or other person in a position to administer Narcan® Nasal Spray to a person at risk of experiencing an opioid overdose, and that the individual receiving the kit has completed the required pre/post survey and Overdose Response Program (ORP) training regarding the signs and symptoms of an opioid overdose, and the proper emergency use and administration of Narcan® Nasal Spray, the opioid overdose program shall dispense one opioid overdose rescue kit, to include at a minimum:

- FDA-approved Adapt Pharma Narcan® Nasal Spray
  - Narcan® Nasal Spray (nasal spray device): 4 mg/0.1 mL • 1 x two-pack
- CPR barrier patient face shield, 3M filtrate hydrophobic filter
- Purple nitrile sterile single gloves (large)
- Instructions on recognizing the signs and symptoms of an opioid overdose
- Protocols for the proper use and administration of Narcan® Nasal Spray

The authorized Overdose Response Program (ORP) will log all distributed Narcan® Nasal Spray administrations and overdose rescues on a distribution tracker and report-back form approved by the State of Alaska Department of Health and Social Services.

**DIRECTION FOR ADMINISTRATION**

Administer Narcan® Nasal Spray to a person suspected of an opioid overdose with respiratory depression or unresponsiveness as follows:

**Step 1: Check for heroin/opioid overdose signs**
- If any of these signs are present, continue to step 2:
  - Failure to respond when spoken to
  - Failure to wake up when prompted
  - Slow or no breathing
  - Tiny pupils (the center part of the eye)

**Step 2: Administer dose of Narcan® Nasal Spray**
- Remove Narcan® Nasal Spray from package. Each sprayer contains one dose.
- Follow these steps:
  - Turn person on their back
  - Tilt their head back
  - Support their neck with your hand
  - Insert the tip of the nozzle into either of the nostrils
  - Press the plunger firmly to deliver dose

**Step 3: Call 911 for help and evaluate person's condition**
- Naloxone gives time to get help, but the person is still in danger until they get emergency medical help. Call 911.
- Move the person on their side (recovery position)
  - Hands support head
  - Knee prevents person from rolling onto stomach
- Watch closely for a response
- Give them a second dose in the other nostril if they do not respond in 2 to 3 minutes by:
  - Waking up
  - Responding to voice or touch
  - Breathing normally
- Narcan® Nasal Spray can be given every 2 to 3 minutes, if available.

**SIGNATURE**

Jay C. Butler, M.D.
Chief Medical Officer
Department of Health and Social Services

**FEB 15, 2017**

Date